

ANNA ISD

October AHS Lunch Menu

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Oct 1, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Cheese Pizza Pretzel Roll Sandwich Cinnamon Roasted Carrots Veggie Dippers Pineapple Rings w/ Cherry Fresh Fruit Choice of Milk	Oct - 2 Bean Burrito w/Cheese BBQ Pork Rib Sandwich Sack Lunch Chips & Salsa Fresh Salsa Potato Smiles Slushie Cups Fresh Fruit Choice of Milk	Oct - 3 Pepperoni Pizza Bake Cheeseburger Sack Lunch Cheesy Garlic Breadstick Lettuce/Tom/Pick Sweet Potato Fries Choice of Juice Fresh Fruit Choice of Milk	Oct - 4 Popcorn Chkn Chef Salad Oven Roasted Chicken Roll Ranch Beans Broccoli w/ ranch Fresh Baked Cookie Grinch Pears Fresh Fruit Choice of Milk	Oct - 5 Yogurt Combo Crispito, chicken WG Ham on Croissant Lettuce/Tom/Pick Chips & Salsa Fresh Salsa Steamed Corn Veggie Dippers Orange Strawberry Cups Fresh Fruit Choice of Milk
Oct - 8 Staff Inservice/No School	Oct - 9 Staff Inservice/No School	Oct - 10 Ravioli Dippers Cheeseburger Sack Lunch Cheesy Garlic Breadstick French Fries Garden Salad w/Ranch Choice of Juice Fresh Fruit Choice of Milk	Oct - 11 Steak Fingers Ham & Cheese Panini Yogurt Combo Mashed Potatoes Roll Veggie Dippers Craisins, Flavored Fresh Fruit Choice of Milk	Oct - 12 Chicken Strips Stromboli Sweet Potato Fries Veggie Dippers Fresh Grapes Fresh Fruit Chocolate Cake Choice of Milk
Oct - 15 Turkey on Croissant Cheese Pizza Green Beans Carrot Sticks Sliced Apples Fresh Fruit Choice of Milk	Oct - 16 Bacon Ranch Quesadillas Sack Lunch Meatball Sub Potato Smiles Chips & Salsa Fresh Salsa Slushie Cups Fresh Fruit Choice of Milk	Oct - 17 Chicken Alfredo Cheeseburger Sack Lunch Cheesy Garlic Breadstick French Fries Lettuce/Tom/Pick Choice of Juice Fresh Fruit Choice of Milk	Oct - 18 Popcorn Chkn Chef Salad Oven Roasted Chicken Honey Butter Biscuit Baked Beans Broccoli w/Cheese Fresh Baked Cookie Pink Fruit Fluff Fresh Fruit Choice of Milk	Oct - 19 Crispito, chicken WG Turkey Sub Steamed Corn Veggie Dippers Chips & Salsa Fresh Salsa Bahama Salad Fresh Fruit Choice of Milk
Oct - 22 Pepperoni Pizza Wrap, Turkey & Cheddar Corn Dog Green Beans Veggie Dippers Applesauce Cups Fresh Fruit Choice of Milk	Oct - 23 Beef Tacos Sack Lunch Chicken Sandwich Chips & Salsa Fresh Salsa Charro Beans Slushie Cups Fresh Fruit Choice of Milk	Oct - 24 Sweet & Sour Chicken Sack Lunch Cheeseburger Lettuce/Tom/Pick Fried Rice Curly Fries Fortune Cookies Choice of Juice Fresh Fruit Choice of Milk	Oct - 25 Steak Fingers Yogurt Combo Ham & Cheese Ciabatta Mashed Potatoes Roll Broccoli w/ ranch Bahama Salad Fresh Fruit Choice of Milk	Oct - 26 Grill Cheese Sandwich Popcorn Chicken Tomato Soup Goldfish Crackers Garden Salad w/Ranch Chocolate Pudding Strawberries w/ Whip Fresh Fruit Choice of Milk
Oct - 29 Cheese Pizza Pretzel Roll Sandwich Cinnamon Roasted Carrots Veggie Dippers Pineapple Rings w/ Cherry Fresh Fruit Choice of Milk	Oct - 30 Bean Burrito w/Cheese BBQ Pork Rib Sandwich Sack Lunch Chips & Salsa Fresh Salsa Potato Smiles Slushie Cups Fresh Fruit Choice of Milk	Oct - 31 Pepperoni Pizza Bake Cheeseburger Sack Lunch Cheesy Garlic Breadstick Lettuce/Tom/Pick Sweet Potato Fries Choice of Juice Fresh Fruit Choice of Milk		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.